

aone
N u t r i t i o n
FUNCTION FIRST

STAMIMAX





FUNCTION

1ST

FUNCTION FIRST

AONE Nutrition brand was created by Essentia s.r.o., a Slovak company, which has more than **30 years of experience** in the fields of biochemistry, physiology, nutrition and development of **active substances**.

Thanks to years of research and collaboration with dozens of professional athletes, we have succeeded in creating products that are among the world's top performers.

All products are produced in Slovakia and comply with ISO 22000.

With the high-quality AONE Nutrition supplements, it is possible to move the limits of physical performance to the next level.

Strong anabolic effect, accelerated regeneration, instant resorption, micronutrient fortification, but also immunity and injury prevention are attributes that AONE keeps demonstrating in its products.

aone
Nutrition

Today's pressure on the top athletes makes it necessary to use the scientific knowledge about the body processes under stress. The rapid development of community sports such as football, handball, volleyball, basketball requires today an athletic high performance, which requires an optimal and well-coordinated muscle work for a long time and a high brain activity. The support of a special and well thought-out diet is absolutely necessary here. The top priority is the optimal daily basic care of the body, because only from healthy and strong body, a top performance can be required. In order to stabilize a high level of performance, in addition to a high-quality diet, the performance athletes are recommended to have regular intake of vitamins, antioxidants, minerals and trace elements. It should be noted that the **demand by competitive athletes is 2-3 times higher than by people with low physical activity.**

For the immunity support are design products like **Daily A-Z Vitamins**, **Bio ZMA** with zinc and magnesium, **Magnesium 400**, **Vitamins D3K2** and **Active Shield**. To keep the muscle-skeletal system fit, **Joint Flex**, **Calcipep**, **Vitamin D3K2**, **Boswellia** and **Curcuma** are determined.

In the diet for competitive athletes, we recommend the following phases:

B PREPARATION PHASE:

3-2 hours before the sporting activity

Boost carbohydrate and amino acid reserves by consuming products with long-chain polysaccharides, well digestible proteins and vitamins that support energy metabolism, especially the B vitamin Complex - **AONE Bevit**. A good meal with rice, potatoes or pasta, with meat (poultry, fish) or cheese and egg are well suited. AONE offers **Stamimax Meal**, a cocktail supplementing the meal, for this phase. If necessary, a multiple dose of **Stamimax Meal** may occasionally replace the meal.

Preparation phase - 1.5 hours to ½ hour before the athletic activity

Energy-boosting vital substances such as carnitine (**Carniform**), creatine and long-chain maltodextrins (**Stamimax Energy**).

Preparation phase - ½ hour before the beginning of the sporting activity

Anabolic peptides (**Extrapep**). Extrapep contains BCAA and glutamine in the peptide form.

D SPORT PHASE

during the sporting activity

Long chain maltodextrins as energy sources - **Stamimax Energy**, **Stamimax Gel**

Minerals to compensate for losses caused by perspiration - **Stamimax Electrolyte**

Taurine to stabilize the functionality of the muscle cell

Fatigue symptoms can be reversed by caffeinated **KICK Max** for a short time

Caution: Intake of larger amounts of sugary drinks (dextrose), fructose, sucrose (beet sugar, cane sugar) leads to the release of insulin, resulting in a reduction of glucose in the blood with subsequent physical performance loss (short-term performance increase followed by noticeable performance drop).

A RECOVERY PHASE

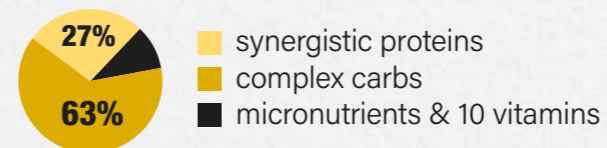
regeneration after energy output

Phase which determines future performance and body strength! In the first 15 minutes after sporting activity could be regeneration most effectively initiated by short peptides (**EXTRAPEP**, **Stamimax Ultaregeneration**), following by intake of short and long chain maltodextrins (**Stamimax Junior**, **Stamimax Energy**) as energy source for the regeneration processes and of well digestible proteins (**Whey Pro Anabol**, **Pro Ten Fusion**) for the constant supply of important amino acids for regeneration. The supply of glutamine peptides (**Glutamine peptides**) is particularly important for the regeneration of tired muscle cells.

B PREPARATION PHASE:

STAMIMAX>MEAL

- ▶ **MAXIMUM ENDURANCE**
- ▶ **CEREUP™ WHOLE GRAIN BLEND**
- ▶ **VITAFLOW™ ACTIVE VITAMINS**



STAMIMAX> MEAL

> ideal porridge-like meal to fill up the glycogene deposits prior to, ev. after the performance – in 3 versions (Classic, no Gluten added, Quinoa)

> recommended ca. 2-3 hours before, resp. 1 hour after

> hole-grain, vitamins and minerals, rapidly digestible proteins with high biological value

> also as breakfast in combination with yoghurt and fruits

Ingredients: cereal extrudate (oat, wheat, rice, buck wheat), maltodextrin, glucose, egg protein, wheat gluten, defatted milk solids, cocoa(chocolate)/ red beet (strawberry, raspberry), guar gum, flavour, acid citric, flavour enhancer: sodium chloride, vitamin blend (L-ascorbic acid, nicotine amide, dl-alfatocopheryl acetate, calcium d-pantothenate, thiamine mononitrate, riboflavin, pyridoxine hydrochloride, pteroylmonoglutamic acid, D-biotin, cyanocobalamine), sweetener: steviol glycosides.

Nutrition Information	80 g
Energy kJ (kcal)	1325 (313)
Fat	2,2 g
of which saturates	0,56 g
Carbohydrates	50,4 g
of which sugars	15,2 g
Fiber	2 g
Protein	21,6
Salt	0,5 g

* % NRV = Nutrient Reference Values per serving

Vitamins	in 80 g	NRV *
Vitamin C	3 mg	25 %
Vitamin E	20 mg	25 %
Thiamin / Vitamin B1	0,275 mg	25 %
Riboflavin / Vitamin B2	0,35 mg	25 %
Niacin	4 mg	25 %
Vitamin B6	0,35 mg	25 %
Folic acid	50 µg	25 %
Vitamin B12	0,625 µg	25 %
Biotin	12,5 µg	25 %
Pantothenic acid	1,5 mg	25 %

Recommendation:

To satisfy your energy needs take 1 to 4 servings per day. 1 Sachet/300 ml milk or water. Best after 10 minutes.

Flavours

vanilla & banana, chocolate brownie, forest raspberry, strawberry milkshake

Packaging:

1 serving - 80 g / sachet

B PREPARATION PHASE:

STAMIMAX > ENERGY

► FOR A LONG LASTING ENERGY OUTPUT

STAMIMAX ENERGY

- > high energy electrolyte drink for fueling and hydration by a high energy output during a long period – intake prior to and during the performance
- > high-molecular carbohydrates, electrolytes as well as vitamins, especially B1 and C
- > no performance drop due to higher insulin secretion
- > anti-cramp-formulation

Ingredients: hydrolyzed starch (high molecular), acid: citric acid, sodium carbonate, magnesium salts of citric acid, potassium citrate, calcium salts of citric acid, vitamin blend (L-ascorbic acid, nicotinamide, calcium-D-pantothenate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, pteroylmonoglutamic acid, D-biotin, cyanocobalamin). Can contain traces of milk, soy, gluten and eggs.



B PREPARATION PHASE:

STAMIMAX > PRE HYDRO LOADER

► PRE-WORKOUT HYDRATION SYSTEM
► THERMOREGULATION EFFECT

STAMIMAX > PreHydro Loader

Dietary Supplement - Powder drink concentrate for prehydration, specially prior to a long lasting performance at high temperature. With sweetener steviol glycosides.

Ingredients: maltodextrin, sodium citrate, malic acid, sodium carbonate, potassium citrate, magnesium salts of citric acid, natural flavour, natural sweetener: steviol glycosides. Can contain traces of milk, soy, gluten and eggs.

Serving: 15 g = 1 scoop/ 300 ml water. Recommendation: By hot weather, start with the hydration one day before the performance, take 1 serving in the morning and 1 serving in the evening. Drink additional water. In the morning prior to the performance take 1 additional serving. Max. daily dose: 2 servings. Warning: Dietary supplement should not be used as a substitute for a varied diet. Its recommended daily dose shouldn't be exceeded. Store in a cool, dry place out of the reach of young children. Not suitable for children.



Recommendation - Endurance: Take one serving for the carbohydrate saturation prior to performance. For the stabilization of a long-lasting performance, take 2 servings = 75 g /1L water during each hour of performance. The adjustment of an optimal dosage according to individual requirements during performance is recommended. On non-training days take ½-1 serving.

Recommendation - Strength and Speed: Take one serving prior to performance for the carbohydrate saturation. Max. daily dose: 12 servings.

Nutritional info	100 g	37,5 g (s)
Energy kj (kcal)	1617 (389)	606 (146)
Fat/ Fett/ Tuky	< 0,1 g	< 0,1 g
Carbohydrates (HMWC**)	90 g	33,75 g
of which sugars	2,4 g	0,9 g
Protein	0 g	0 g
Salt	0,75 g	0,28 g

Serving Size: 37,5g = 4 tablespoonfuls = 2 scoops/ 500 ml water.

Flavours: Orange, Natural, Black currant

Packaging: jar - 1200 g

Vitamins & Minerals	in 100 g	37,5 g (s.*)	*NRV
Vitamin C	427 mg	160 mg	200%
Thiamin/ Vitamin B1	1,47 mg	0,55 mg	50%
Riboflavin/ Vitamin B2	0,747 mg	0,28 mg	20%
Niacin	8,53 mg	3,2 mg	20%
Vitamin B6	0,747 mg	0,28 mg	20%
Folic acid	107 µg	40 µg	20%
Vitamin B12	1,33 µg	0,50 µg	20%
Biotin	27 µg	10 µg	20%
Pantothenic Acid	3,2 mg	1,2 mg	20%
Calcium / Ca	25 mg	9,4 mg	
Magnesium / Mg	50 mg	18,8 mg	
Potassium / K	135 mg	50,6 mg	
Sodium / Na	300 mg	112,5 mg	

* % NRV = Nutrient Reference Values / 1 serving.

*s. = Serving

Nutritional info	100 g	15 g (s)
Energy kj (kcal)	806 (189)	121 (28)
Fat/ Fett/ Tuky	0 g	0 g
Carbohydrates	34,7 g	5,2 g
of which sugars	2 g	0,3 g
Protein	0 g	0 g
Salt	28 g	4,2 g

Minerals	in 100 g	15 g (s.*)
Sodium / Na	11,2 g	1682 mg
Potassium / K	554 mg	83 mg
Magnesium / Mg	131 mg	20 mg

*s. = Serving

Serving: 15 g = 1 scoop/ 300 ml water.

Recommendation: By hot weather, start with the hydration one day before the performance, take 1 serving in the morning and 1 serving in the evening. Drink additional water. In the morning prior to the performance take 1 additional serving. Max. daily dose: 2 servings.

B PREPARATION PHASE:

MAGNESIUM >400+

- ▶ MIXTURE OF MAGNESIUM WITH VITAMIN E, L-CARNITINE AND CURCUMA FOR MAXIMUM FUNCTIONALITY

MAGNESIUM >400+ is ideal prior to training or race as well as after sport activity. Contributes to normal muscle function and normal functioning of the nervous system.

Ingredients: magnesium oxide, glucose, maltodextrin, potato starch, L-carnitine L-tartrate, inulin, citric acid, malic acid, tocopheryl acetate, calcium phosphate, curcuma extract (Curcuma longa, radix), flavour, xanthane, anti-caking agent: magnesium stearate, sweetener: steviol glycosides.



Nutrition Information	1 tablet	NRV*
Energy kJ (kcal)	12.35 (3)	
Carbohydrates	0.56 g	
of which sugars	0.32 g	
Magnesium	400 mg	107 %
Vitamin E	12 mg	100 %
Curcuma extract	12 mg	
L-carnitine	50 mg	

Recommendation: 1 chewing tablet daily, especially by endurance 30 min. before sports. Chew slowly, let stay in the mouth as long as possible.

* % NRV = Nutrient Reference Values / 1 serving.

B PREPARATION PHASE:

M1 > PERFORMANCE ACTIVATOR

- ▶ BIOMODULATIVE STIMULANTS
- ▶ GREENERGY™ PLANT EXTRACT FUSION
- ▶ DOPE-FREE ENERGY

M1 is specially developed for the winners needs. Biomodulative botanical extracts and Greenergy™ technology activate the performance and get you ready for your personal triumph. M1 doping-free formula is specially designed for the occasional using, during races or the highest performance demands.

You can choose promises or you can choose results!

Ingredients: *Citrus aurantium* extract (fruitbark), *Commiphora mukul* extract (resin), gelatin (capsule), *Salix alba* extract (white willow, bark), *Camellia sinensis* extract (green tea, leaf), *Capsicum annum* (chili peppers, fruit), *Muira puama* (bark), Guarana (fruit), kelp (sea algae), acetyl-L-carnitine, caffeine, *Piper nigrum* (black pepper), Lecythis nut extract (paradise nut), anti-caking agent: starch (maize) and magnesium salts of fatty acids

Nutrition Information	1	NRV/ 1
<i>Plant extracts: Citrus aurantium, Commiphora mukul, Salix alba, Camellia sinensis, Muira puama, Capsicum annum, Guarana, Piper nigrum</i>	670 mg	-
Caffeine	72 mg	-
Acetyl-L-carnitine	35 mg	-
Synephrine	8 mg	-
Selenium (Se)	11 µg	20 %
Iodine (I)	25 µg	17 %

Greenergy™ is an innovative and highly natural formula of synergically combined plant extracts. It's been proven by ages that nature has the most powerful enhancers of physical performance. Hidden deep in various pallet of plants, Aone extracted these natural substances, carefully analysed the winners needs and created M1 – the clean performance activating compound for occasional use, that divides the champions from competitors.

Serving: 1-2 capsules

Packaging: 30 capsules

Recommendation: Take 1 capsule 20 to 30 min. prior to workout, race or sportive activity. Consult with your trainer.



PROTEIN BAR

- ▶ **TRIPLEX™ PROTEIN BLEND**
- ▶ **0% TRANS FAT**
- ▶ **100% TASTE & FUNCTIONALITY**

PROTEIN BAR is the basic anti-hunger strike, but how to choose the right one? AONE PROTEIN BAR 28% combines unique TRIPLEX™ protein blend to achieve the maximal biological value with soft and foamy consistency. 0% trans fat secures the good lipid profile in blood serum. High protein content satisfies the most sophisticated nutritional demands and three delicious flavours will take you to the new - less-sweet - and pleasant taste corners of the protein universe. Enjoy this nutritional snack to keep you well proteinized with AONE PROTEIN BAR 28% !



Packaging: foil 60 g

Flavours: Chocolate brownie, Chocolate-banana, Red berry

Expiration: 12 months



RED BERRY

Ingredients: TriPlex™ protein blend 30% (**soy** protein isolate GMO free, calcium **caseinate**, bovine collagen hydrolyzate, **milk** protein concentrate), glucose syrup, dark coating 17 % (sugar, palm oil hydrogenated, cocoa powder, emulsifier **soy** lecithine, flavouring), fructose syrup, whole grain extrudate (rice, **oat**, **buck wheat**, **guar gum**), palm oil, strawberry concentrate 1,3 %, humectant glycerol, emulsifier **soy** lecithine, acid citric, flavour, colorant anthocyanins E163. Can contain traces of peanuts, nuts, sesame seeds and eggs.

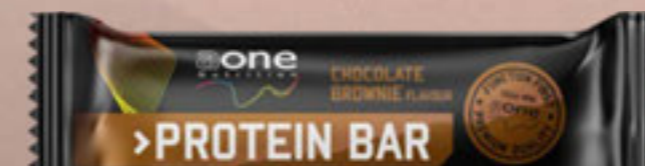
Nutrition Information	100 g	60 g
Energy kj (kcal)	1667 (396)	1000 (238)
Fat	10.5 g	6.3 g
of which saturates	8 g	4.8 g
Carbohydrates	46.5 g	28 g
of which sugars	28 g	16.8 g
Dietary fiber	1.5 g	0.9 g
Protein	28 g	17 g
Salt	0.3 g	0.2 g



CHOCOLATE BANANA

Ingredients: TriPlex™ protein blend 30% (**soy** protein isolate GMO free, calcium **caseinate**, bovine collagen hydrolyzate, **milk** protein concentrate), glucose syrup, dark coating 17 % (sugar, palm oil hydrogenated, cocoa powder, emulsifier **soy** lecithine, flavouring), fructose syrup, whole grain extrudate (rice, **oat**, **buck wheat**, guar gum), palm oil, humectant glycerol, emulsifier **soy** lecithine, acid citric, flavour, colour curcumin E100. Can contain traces of peanuts, nuts, sesame seeds and eggs.

Nutrition Information	100 g	60 g
Energy kj (kcal)	1713 (407)	1028 (244)
Fat	11.5 g	6.9 g
of which saturates	8.5 g	5 g
Carbohydrates	47 g	28 g
of which sugars	28.5 g	17 g
Dietary fiber	1.5 g	0.9 g
Protein	28 g	17 g
Salt	0.3 g	0.2 g



CHOCOLATE BROWNIE

Ingredients: TriPlex™ protein blend 30% (**soy** protein isolate GMO free, calcium **caseinate**, bovine collagen hydrolyzate, **milk** protein concentrate), glucose syrup, dark coating 17 % (sugar, palm oil hydrogenated, cocoa powder, emulsifier **soy** lecithine, flavouring), fructose syrup, whole grain extrudate (rice, **oat**, **buck wheat**, guar gum), palm oil, cinnamon, cocoa powder 1%, humectant glycerol, emulsifier **soy** lecithine. Can contain traces of peanuts, nuts, sesame seeds and eggs.

Nutrition Information	100 g	60 g
Energy kj (kcal)	1669 (396)	1001 (238)
Fat	11 g	6.6 g
of which saturates	8 g	4.8 g
Carbohydrates	46.5 g	28 g
of which sugars	28 g	16.8 g
Dietary fiber	1.5 g	0.9 g
Protein	28 g	17 g
Salt	0.3 g	0.2 g

STAMIMAX ➤ELECTROLYTE

- ▶ **FAST HYDRATION**
- ▶ **REPLENISHMENT OF LOST SALTS**

STAMIMAX>Electrolyte

- dietary supplement - Powder drink concentrate for fast hydration and replenishment of salts lost by sweating during performance. With sweeteners. With long and short-chain carbohydrates.

Ingredients: hydrolyzed starch, acid malic, glucose, sodium citrate, magnesium salts of citric acid, potassium citrate, calcium salts of citric acid, potassium chloride, vitamin blend (L-ascorbic acid, DL-alpha-tocopheryl acetate, nicotinamide, calcium-D-pantothenate, thiamin hydrochloride, riboflavin, pyridoxine hydrochloride, pteroylmonoglutamic acid, D-biotin, cyanocobalamin), flavour, sweetener: steviol glycosides and acesulfame K. Can contain traces of milk, soy, gluten and eggs.



STAMIMAX>ENERGY GEL

- ▶ **FOR A LONG LASTING ENERGY OUTPUT**

STAMIMAX>Energy Gel

- Dietary Supplement

- for high demand on energy output during a long time period
- unique combination of middle and high molecular carbohydrates, sugars, minerals and vitamins, especially B1 and C
- sweetened with steviol glycosides



citrus black currant

Ingredients: water, hydrolyzed starch (high molecular and middle chain), fructose-glucose syrup, acid citric, sodium citrate, magnesium citrate, potassium citrate, calcium citrate, xanthane (thickener), vitamin blend (L-ascorbic acid, nicotinamide, calcium-D-pantothenate, thiamin hydrochloride, riboflavin, pyridoxine hydrochloride, pteroylmonoglutamic acid, D-biotin, cyanocobalamin), natural flavour, preservative potassium sorbate, steviol glycosides (natural sweetener)

Recommendation - Endurance: take one serving for hydration prior to performance. For the stabilization take 1-2 servings during every hour of performance. Max. daily dose: 10 servings.

Serving Size:
10.5g = 1/2 scoop / 500ml water.

Packaging: jar - 750 g



passion fruit citrus black currant

Nutritional info	100 g	10.5 g (s)
Energy kj (kcal)	1590 (371)	167 (93)
Fat/ Fett/ Tuky	0 g	0 g
Carbohydrates	81 g	8.5 g
of which sugars	9.5 g	1 g
Protein	0 g	0 g
Salt	2,7 g	281 mg

Minerals	in 100 g	10.5 g (s)
Sodium / Na	1071 mg	112 mg
Potassium / K	482 mg	51 mg
Calcium / Ca	90 mg	9 mg
Magnesium / Mg	179 mg	19 mg

Vitamins	in 100 g	10.5 g (s)	*NRV
Vitamin E	22.9 mg	2.4 mg	20 %
Vitamin C	610 mg	64 mg	80 %
Thiamin	2 mg	0.22 mg	20 %
Riboflavin	2.7 mg	0.28 mg	20 %
Niacin	30 mg	3.2 mg	20 %
Vitamin B6	2.7 mg	0.28 mg	20 %
Folic acid	381 µg	40 µg	20 %
Vitamin B12	4.8 µg	0.50 µg	20 %
Biotin	95 µg	10 µg	20 %
Pantothenic acid	11 mg	1.2 mg	20 %

* % NRV = Nutrient Reference Values / 1 serving.
(s) = Serving

Nutritional info	1 serving
Energy kj (kcal)	315 (76)
Fat/ Fett/ Tuky	0 g
Carbohydrates	17.69 g
of which sugars	1.9 g
Protein	0 g
Salt	0.14g

Minerals	serving
Calcium / Ca	4.7 mg
Magnesium / Mg	9.4 mg
Potassium / K	25.3 mg
Sodium / Na	56.25 mg

Vitamins	1 serving	*NRV
Vitamin C	80 mg	100%
Vitamin B1 / Thiamin	0.275 mg	25%
Vitamin B2 / Riboflavin	0.14 mg	10%
Vitamin B3 / Niacin	1.6 mg	10%
Vitamin B5 / Pantothenic acid	0.6 mg	10%
Vitamin B6	0.14 mg	10%
Vitamin B9 / Folic acid	20 µg	10%
Vitamin B12 / Cyanocobalamin	0.25 µg	10%
Biotin	5 µg	10%

*s. = Serving
* % NRV = Nutrient Reference Values / serving

Serving: 1 sachet = 33 g

Recommendation: For the carbohydrate saturation take one serving ca. 30 min. prior to performance, with water. Squeeze into your mouth or in a cup of water.

Recommendation - Endurance: For the stabilization of a long-lasting performance, take up to 4 servings per each hour of performance. The adjustment of an optimal dosage according to individual requirements during performance is recommended.

Max. daily dose: 16 servings

STAMIMAX ➤ CAFFEINE RACE GEL

- ▶ IMPROVE YOUR TRAINING
- ▶ FOR MENTAL CONCENTRATION
- ▶ NO EXTRA LIQUID NEEDED

STAMIMAX>Energy Race Gel

- Dietary Supplement

- for the support of mental concentration in a physical performance
- 80 mg caffeine
- unique combination of middle and high molecular carbohydrates, sugars, minerals and vitamin C.
- no extra liquid needed.

Ingredients: water, hydrolyzed corn starch (high molecular and middle chain), saccharose, fructose-glucose syrup, sodium citrate, acid citric, thickener: xanthane, magnesium salts of citric acid, potassium citrate, calcium salts of citric acid, L-ascorbic acid, flavour, preservative potassium sorbate, caffeine



passion fruit black currant

Serving: 1 pouch = 44 g

Max. dose per 1 hour: 2 servings

Max. daily dose: 5 servings

Recommendation:
Don't forget to drink enough water.

Nutritional info	1 serving
Energy	191 (45)
Fat	0 g
Carbohydrates	11 g
of which sugars	4.8 g
Protein	0 g
Salt	0.14 g
Caffeine	80 mg

Vitamins & Minerals	1 serving	*NRV
Vitamin C	80 mg	100%
Calcium / Ca	4.7 mg	-
Magnesium / Mg	9.4 mg	-
Potassium / K	25.3 mg	-
Sodium / Na	56.25 mg	-

*s. = Serving

* % NRV = Nutrient Reference Values / serving

STAMIMAX>ENERGY RACE GEL

- ▶ FOR A LONG LASTING ENERGY OUTPUT

STAMIMAX>Energy Race Gel

- Dietary Supplement

- unique combination of middle and high molecular carbohydrates, sugars, minerals and vitamins, especially B1 and C
- with steviol glycosides.
- no extra liquid needed.

Ingredients: water, hydrolyzed starch (high molecular and middle chain), fructose-glucose syrup, sodium citrate, acid citric, thickener: xanthane, magnesium citrate, potassium citrate, calcium citrate, vitamin blend (L-ascorbic acid, nicotinamide, calcium-D-pantothenate, thiamin hydrochloride, riboflavin, pyridoxine hydrochloride, pteroylmonoglutamic acid, D-biotin, cyanocobalamin), flavour, preservative potassium sorbate, steviol glycosides (sweetener)



passion fruit citrus black currant

Nutritional info	1 serving
Energy kJ (kcal)	203 (49)
Fat/ Fett/ Tuky	0 g
Carbohydrates	11.3 g
of which sugars	1.2 g
Protein	0 g
Salt	0.14 g

Minerals	serving
Calcium/ Ca	4.7 mg
Magnesium/ Mg	9.4 mg
Potassium / K	25.3 mg
Sodium / Na	56.25 mg

Vitamins	1 serving	*NRV
Vitamin C	80 mg	100%
Thiamin/ B1	0.275 mg	25%
Riboflavin/ B2	0.14 mg	10%
Niacin/ B3	1.6 mg	10%
Vitamin B6	0.14 mg	10%
Folic acid	20 µg	10%
Vitamin B12 Cyanocobalamin	0.25 µg	10%
Biotin	5 µg	10%
Pantothenic acid / B5	0.6 mg	10%

*s. = Serving

* % NRV = Nutrient Reference Values / serving

Serving: 1 sachet = 33 g

Recommendation: For the carbohydrate saturation take one serving ca. 30 min. prior to performance, with water. Squeeze into your mouth or in a cup of water.

Recommendation - Endurance: For the stabilization of a long-lasting performance, take up to 6 servings per each hour of performance. Don't forget to drink enough water.

Max. daily dose: 16 servings

STAMIMAX > ENERGY BAR

- ▶ **WHOLE GRAINS**
- ▶ **ORGANIC COCONUT OIL**
- ▶ **PERFECT TASTE**

STAMIMAX > Energy Bar - whole grain Energy bar for sportsmen, with vitamins C and E, sweetened with steviolglycosides. Hand made & baked in the oven for perfect taste.

Ingredients: glucose/fructose sirup, oat and oat flakes, coconut oil organic, cranberry (cranberry), raisin (apple strudel) wheat, corn, L-ascorbic acid, soy lecithine, cinnamon, flavour, malic acid, flavour enhancer: sodium chloride, DL-alpha-tocopheryl acetate, sweetener: steviol glycosides



apple strudel

cranberry

Serving: 1 pouch = 44 g

Nutritional info	100 g	1 bar (65 g)
Energy kJ (kcal)	1786 (425)	1161(267)
Fat	16 g	10.4 g
of which saturates	7 g	4.6 g
Carbohydrates	60 g	39 g
of which sugars	32 g	21 g
Dietary fiber	4.7 g	3 g
Protein	8 g	5.2 g
Salt	0.15 g	0.1 g

Vitamins	1 serving	1 bar (65 g)	*NRV
Vitamin C	229 mg	149 mg	186%
Vitamin E	6 mg	3.9 mg	32.5%

* % NRV = Nutrient Reference Values / 65 g

STAMIMAX > ENDURANCE CAKE

- ▶ **FUNCTIONAL SPORT SNACK**
- ▶ **LONG LASTING ENERGY**
- ▶ **VITAMIN C FORTIFIED**

Stamimax Endurance Cake

Sport-oriented people who are looking for a tasty source of long-lasting energy were also kept in mind during the development of this unique functional snack. Stamimax Endurance Cake combines benefits especially designed for sportsmen needs. Functionality has never been so tasty!

Ingredients: flour mixture (buckwheat, rice, corn), honey, 20% Plum concentrate (100% plum) (plum flavour), sour cherry concentrate 20% (sour cherry flavour), coconut oil, 4% chia seeds (*Salvia hispanica*), spice mix (cinnamon, ginger, clove), cocoa powder (sour cherry flavour), **egg** powder, acid citric, vitamin C (L-ascorbic acid), emulsifier (guar gum, **soy** lecithine), preservative (potassium sorbate), salt.



Nutrition Information	100 g /plum	40 g /plum	100 g /cherry	40 g /cherry
Energy kJ (kcal)	1516 (360)	606 (144)	1535 (365)	614 (146)
Fat	10 g	4 g	11 g	4,4 g
of which saturates	4 g	1.6 g	4 g	1,6 g
Carbohydrates	60 g	24 g	60 g	24 g
of which sugars	38.5 g	15.4 g	37,5 g	15 g
Dietary fiber	5 g	2 g	4 g	1,6 g
Protein	4.3 g	1.7 g	4,7 g	1,9 g
Salt	0.07 g	0.03 g	0,07 g	0,03 g
Vitamin C	500 mg	200 mg	500 mg	200 mg

Packaging: 1 bar = 40 g

Flavours: Plum filling, Sour cherry filling

Expiration: 12 months

STAMIMAX > CAFFEINE CAKE

- ▶ LONG LASTING ENERGY
- ▶ CAFFEINE FORTIFIED
- ▶ HIGH FIBRE

STAMIMAX > Caffeine Cake

Endless energy packed in an innocent soft cake is the best choice if you need to boost yourself to achieve your everyday goals. Focus, energy, taste and convenience is what Stamimax Caffeine cake demonstrates in one of the most innovative mainstream food snacks of the aone brand.

Ingredients: flour mixture (buckwheat, rice, corn), honey, cocoa filling 20% (sugar, vegetable oils (**soybean**, rapeseed, sunflower, maize and palm in varying proportions), fat-reduced cocoa powder (16,5%), **hazelnuts**, maize starch, emulsifier (**soy** lecithine), flavouring (vanillin)), coconut oil, inulin (fibre), humectant: erythritol, collagen peptides, 4% chia seeds (*Salvia hispanica*), spice mix (cinnamon, ginger, clove), **egg** powder, acid (citric acid, L-ascorbic acid), emulsifier (guar gum, **soy** lecithine), caffeine, preservative (potassium sorbate), salt, sweetener: steviol glycosides.



Nutrition Information	100 g	40 g
Energy kJ (kcal)	1599 (382)	640 (153)
Fat	15 g	6 g
of which saturates	7 g	2.8 g
Carbohydrates	50 g	20 g
of which sugars	28 g	11 g
Dietary fiber	10 g	4 g
Protein	7 g	3 g
Salt	0.07 g	0.03 g
Caffeine	200 mg	80 mg

Packaging: 1 bar = 40 g

Flavours: Chocolate filling

Expiration: 12 months

STAMIMAX > MOTION CAKE

- ▶ PRO-MOTION™ COMPLEX
- ▶ COLLAGEN PEPTIDES
- ▶ VITAMIN C + ANTIOXIDANTS

STAMIMAX > Motion Cake

The right choice for those where sports performance is associated with movement lasting for several hours. Motion cake not only offers easy-to-use energy sources, but is focused on long-term support of the musculoskeletal system and support of antioxidant cell protection in the body.

Ingredients: flour mixture (buckwheat, rice, corn), honey, sour cherry concentrate 20%, coconut oil, PRO-MOTION™ complex (collagen peptides, vitamin C, zinc, copper, manganese, selenium), inulin (fibre), humectant: erythritol, 4% chia seeds (*Salvia hispanica*), spice mix (cinnamon, ginger, clove), **egg** powder, acid: citric acid, emulsifier (guar gum powder, **soy** lecithine), preservative (potassium sorbate), salt, sweetener: steviol glycosides.



Nutrition Information	100 g	40 g
Energy kJ (kcal)	1421 (338)	568 (135)
Fat	10 g	4 g
of which saturates	4 g	1.6 g
Carbohydrates	49 g	20 g
of which sugars	28 g	11 g
Dietary fiber	11 g	4.4 g
Protein	10 g	4 g
Salt	0,07 g	0,03 g

Vitamins & minerals	100 g	40 g	NRV* /40 g
Vitamin C		160 mg	200 %
Zinc	6,25 mg	2,5 mg	25 %
Manganese	1,25 mg	0,5 mg	25 %
Copper	0,63 mg	0,25 mg	25 %
Selenium	34,38 µg	13,75 µg	25 %
Collagen peptides	6,25 g	2,5 g	

Packaging: 1 bar = 40 g

Flavours: Sour cherry filling

Expiration: 12 months

*NRV = daily reference intakes for vitamins and minerals (adults)

D SPORT PHASE:

A RECOVERY PHASE

STAMIMAX ➤ AMINO ENERGY

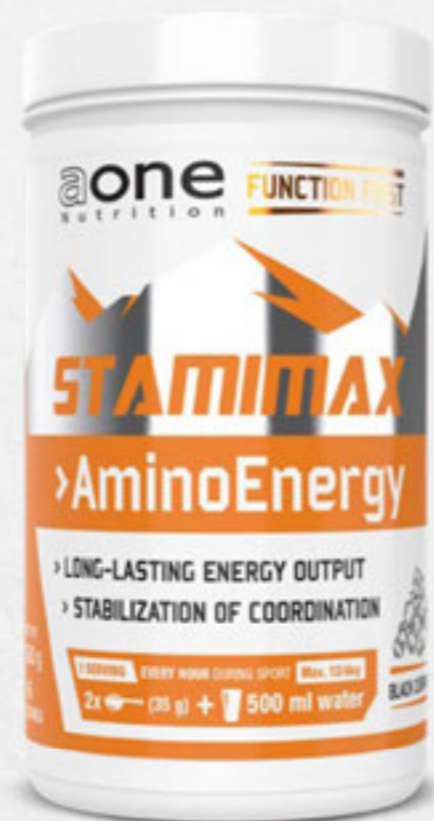
- ▶ LONG LASTING ENERGY OUTPUT
- ▶ STABILIZATION OF COORDINATION

STAMIMAX>AminoEnergy - dietary supplement - Instant drink with high molecular carbohydrates, biomodulative peptides, vitamins, especially thiamin and C, and minerals. With sweetener steviol glycosides. For sportsmen having high demand on energy output and on stabilized coordination during a long time period.

Ingredients: hydrolyzed starch, short chain peptides from hydrolyzates of whey, soy (GMO free) and egg proteins, acid citric, sodium carbonate, magnesium salts of citric acid, potassium citrate, calcium salts of citric acid, vitamin blend (L-ascorbic acid, nicotinamide, calcium-D-pantothenate, thiamin hydrochloride, riboflavin, pyridoxine hydrochloride, pteroylmonoglutamic acid, D-biotin, cyanocobalamin), flavour, red beet extract, sweetener: steviol glycosides. Can contain traces of gluten.

Serving: 35g = 3 tablespoonfuls = 2 scoops / 500 ml water.

Recommendation - Endurance: For the stabilization of your long-lasting performance take one serving during every hour. The adjustment of an optimal dosage according to individual requirements during performance is recommended. Max. daily dose: 12 servings.



A RECOVERY PHASE

STAMIMAX>ULTRA REGENERATION

- ▶ FAST ACTING FORMULA
- ▶ BIOACTIVE SHORT CHAIN PEPTIDES
- ▶ USE IMMEDIATELY AFTER PERFORMANCE

STAMIMAX>UltraRegeneration - Dietary Supplement - Instant drink with bioactive peptides and carbohydrates. With B vitamins and vitamin C. With sweeteners. For sportsmen who need to recover fast after high, long lasting energy output.

Ingredients: short chain whey peptides from hydrolyzed whey proteins, cocoa (chocolate), glucose, fructose, inulin (chocolate), acid: citric acid, flavour, thickener: xanthane (chocolate), sweetener: steviol glycosides und acesulfame K, vitamin blend (L-ascorbic acid, nicotin amide, calcium-D-pantothenate, thiamin hydrochloride, riboflavin, pyridoxine hydrochloride, pteroylmonoglutamic acid, D-biotin, cyanocobalamin). May contain traces of gluten, eggs and soy.

Original

original



chocolate



Nutritional info	100 g	35 g (s*)
Energy kj (kcal)	1632 (393)	571 (138)
Fat	1 g	0.35 g
of which saturates	0.4 g	0.14 g
Carbohydrates (HMWC*)	81 g	28 g
of which sugars	4 g	1.4 g
Protein/ (SCP*)	13 g	4.55 g
Salt	0.75 g	0.26 g

*s. = Serving

Vitamins	100 g	35 g (s*)	NRV**(s*)
Vitamin C	457 mg	160 mg	200%
Thiamin B1	1.57 mg	0.55 mg	50%
Riboflavin B2	0.8 mg	0.28 mg	20%
Niacin B3	9.14 mg	3.2 mg	20%
Pantothenic acid / B5	3.43 mg	1.2 mg	20%
Vitamin B6	0.8 mg	0.28 mg	20%
Folic acid / B9	114 µg	40 µg	20%
Vitamin B12	1.43 µg	0.50 µg	20%
Biotin	29 µg	10 µg	20%

Meinerals	100 g	35 g (s*)
Calcium / Ca	25 mg	8.75 mg
Magnesium / Mg	50 mg	17.50 mg
Potassium / K	135 mg	47.25 mg
Sodium / Na	300 mg	105 mg



black currant



sour cherry

Nutritional info	100 g	20 g (s*)
Energy	1440 (440)	288 (88)
Fat	3 g	0.6 g
of which saturates	2 g	0.4 g
Carbohydrates	16 g	3.2 g
Sugars	15.7 g	3.14 g
Protein (SCWP*)	61 g	12.2 g
Salt	0.6 g	0.12 g

Vitamins	100 g	20 g (s*)	NRV**(s*)
Vitamin	400 mg	80 mg	100%
Thiamin / B1	5.5 mg	1.1 mg	100%
Riboflavin / B2	2.8 mg	0.56 mg	40%
Niacin / B3	32 mg	6.4 mg	40%
Pantothenic acid	12 mg	2.4 mg	40%
Vitamin / B6	2.8 mg	0.56 mg	40%
Folic acid / B9	400 µg	80 µg	40%
Vitamin / B12	5 µg	1 µg	40%
Biotin	100 µg	20 µg	40%

Serving: 20g = 4 tablespoonfuls = 2 scoops / 400 ml of water.

Recommendation: Stamimax>UltraRegeneration is determined for professional sportsmen. Adjustment of an optimal dosage according to individual requirements after an energy output is recommended.

Maximal daily dosage: up to 6 servings.

s.* = Serving
SCWP** = Short Chain Whey Peptides
NRV*** = Nutrient Reference Value

OTHER USEFUL PRODUCTS



DailyA-Z

- > Vitamins A-Z
- > 12 Minerals
- > Optimal balance
- > Vitality and harmony



Joint Flex

- > Unique & verified formulation
- > Joints
- > Tendons
- > Cartilage



Boswellia

- > Concentrated boswellic acid formula
- > 100% pure and natural extract
- > Premium quality boswellia source



D3+K2 Winter Vitamins

- > Advanced biomodulation
- > Immunoactive formula
- > Unique vitamin matrix



B-Vit Complex

- > B Vitamins
- > Spirulina
- > Brewer's Yeast



Curcuma

- > Clinically studied CUCRUGREEN™ formulation
- > 100% bioavailability
- > Immunosupportive matrix



Active Shield

- > Highly functional Beta-Glucans
- > Concentrated colloidal formula
- > Biomodulative effect
- > Enriched with vitamins & minerals
- > Perfect taste



Q10 Fusion

- > Molecularly encapsulated Q10
- > Alpha-lipoic acid
- > Olive polyphenols



Bolt

- > Hydrawell™ - hydration system
- > Crystal pure alpine water
- > Vitamins & minerals
- > Regeneration & revitalisation



Anti parazit

- > Extracts of 11 plants with anti-parasitic properties



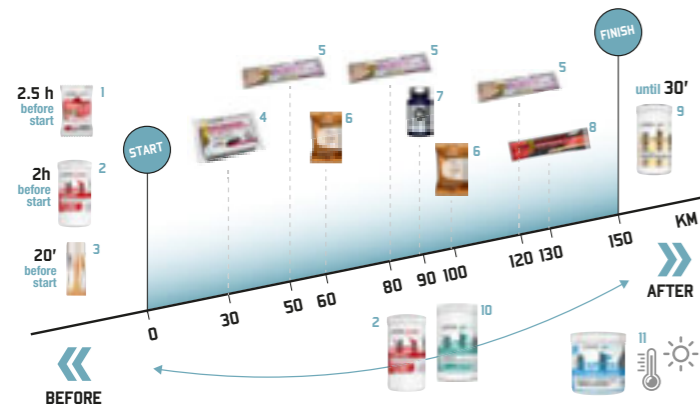
Argimmune

- > Immunity
- > Perfusion
- > Regeneration

PRODUCT STRATEGIES

one NUTRITION FUNCTION FIRST CYCLING STRATEGY - RACE

150 KM

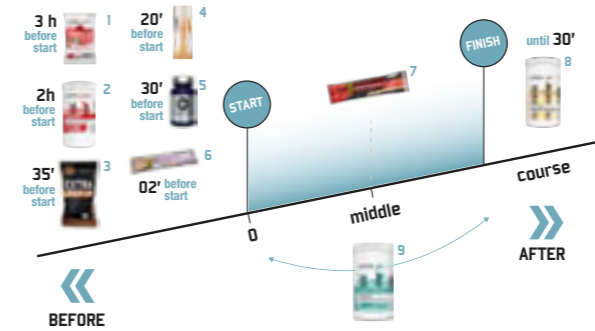


- Stamimax Meal**
2.5h before start
Whole grain blend with protein & vitamins
- Stamimax Energy**
2h until start for hydration and a long-lasting energy output
- Magnesium>400+**
protects muscles from sport-induced damage.
- Stamimax Energy Bar**
Whole grain snack with exquisite taste
- Stamimax Energy Race Gel**
Long lasting energy output with vitamins and minerals
- VitaCake Sport Endurance**
Functional sport snack with lasting energy and vitamin C
- M1 Performance Activator**
For special occasions only!
- such as races for extra energy boost. Made of plant extracts.
- Stamimax Caffeine Race Gel**
Similar to Stamimax Energy Race Gel, with extra energy punch in form of caffeine.
- Stamimax UltraRegeneration**
Bioactive short chain peptides for extra fast regeneration after long physical activity.
- Stamimax Electrolyte**
Vital replenishment during long lasting physical activity.
Drink during the whole race.
- Stamimax PreHydroloader**
for especially hot events prepare your body within the evening before and in the morning of the event.

PRODUCT STRATEGIES

one NUTRITION FUNCTION FIRST CYCLING STRATEGY - TIME TRIAL

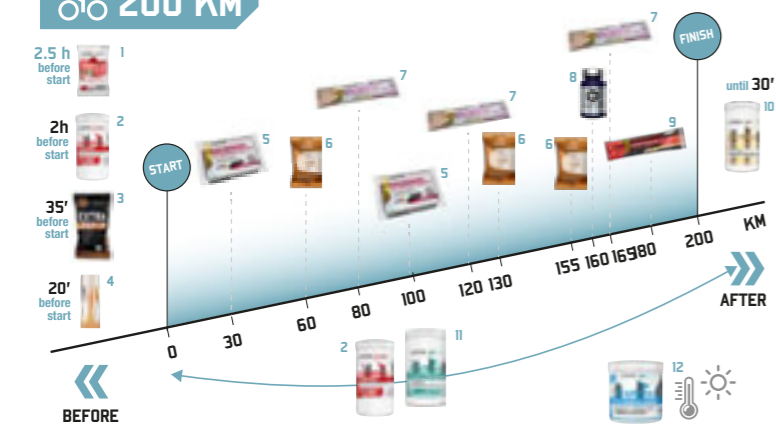
45-65'



- Stamimax Meal**
2.5h before start
Whole grain blend with protein & vitamins
- Stamimax Energy**
2h until start for hydration and a long-lasting energy output
- ExtraPEP-HD**
100% bioactive whey peptides. Vitalisation before and during performance.
- Magnesium>400+**
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one NUTRITION FUNCTION FIRST CYCLING STRATEGY - RACE

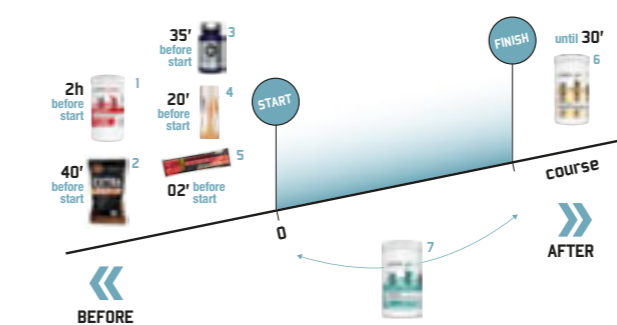
200 KM



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one NUTRITION FUNCTION FIRST CYCLING STRATEGY - TIME TRIAL

UP TO 65'



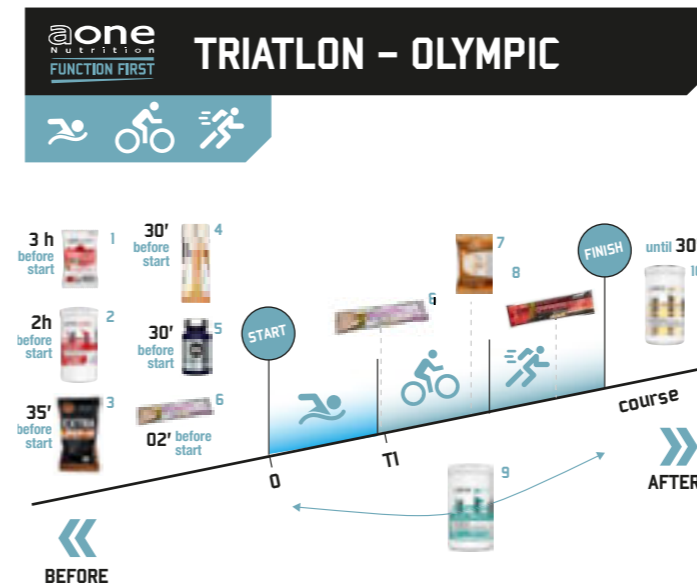
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Bioactive short chain peptides for extra fast regeneration after long physical activity.
- Stamimax Electrolyte**
if you feel the need to take a bottle. Vital replenishment during long lasting physical activity.
Drink during the whole race.

PRODUCT STRATEGIES



- Magnesium>400+**
0.5h before start contributes to the proper functioning of the muscles and reduces fatigue
- Stamimax Electrolyte**
Vital replenishment during long lasting physical activity.
Drink during the whole race.
- Stamimax Energy Race Gel**
If you're running for more than 60 minutes. Long lasting energy output with vitamins and minerals
- Stamimax UltraRegeneration**
Bioactive short chain peptides for extra fast regeneration after long physical activity.

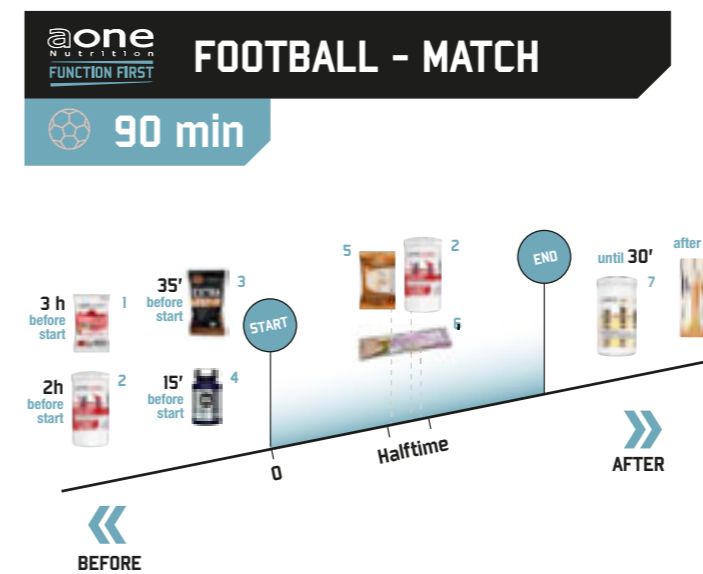
PRODUCT STRATEGIES



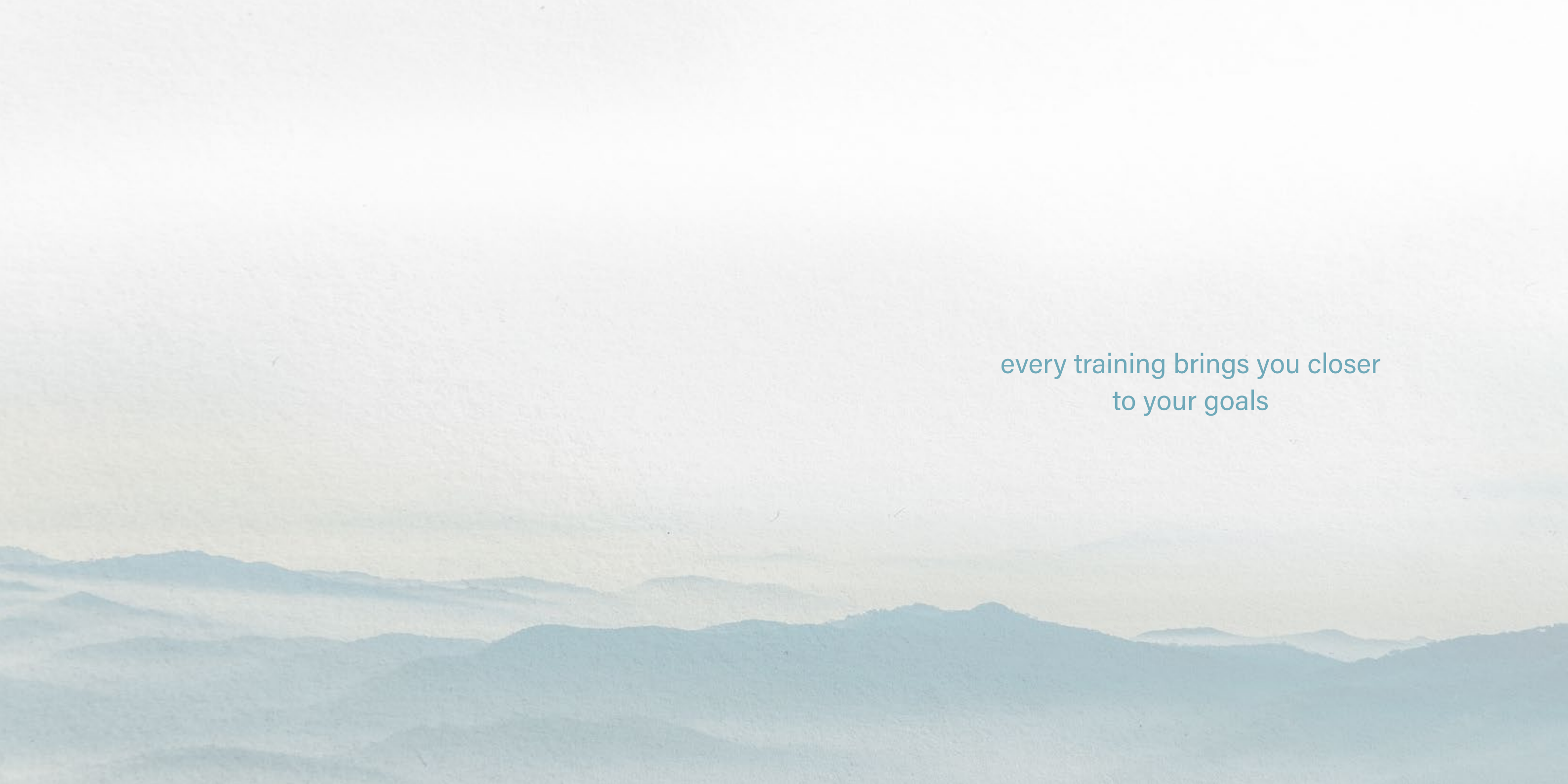
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A landscape of rolling hills under a hazy sky. The hills are layered, with the foreground being a darker shade of blue and the background hills becoming progressively lighter and more hazy. The sky is a pale, overcast blue. The overall mood is serene and expansive.

every training brings you closer
to your goals

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FUNCTION FIRST

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www.inovafoods.com

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